Pregnancy loss and the death of a baby: Sands training for student midwives
One-day workshop – day plan

9.00  **Registration** – *Delegates must be registered and seated by 9.20am*

9.30  **Workshop Begins**
   - Introductions and Outline of the day
   - Overview of Sands work nationally
   - Group Introductions and Expectations
   - Feelings Associated with Expecting a Baby and a Childbearing Loss
   - The Unique Nature of Childbearing Loss
   - Parent’s personal experience
   - Information about your local Sands group

11.10 **Break** (20 minutes)

11.30  **Wider impact of a baby’s death**
   - Types of Childbearing Loss
   - Supportive listening skills
   - Breaking bad news & reactions to grief – skills practise

1.10  **Lunch** (45 minutes)

1:55  **Creating memories**
   - What helps? What hinders?
   - Enabling informed choice - skills practice

3.15  **Break** (15 minutes)

3.30  **Support for professionals**
   - Ongoing care and care in another pregnancy
   - Personal objectives & review of the day

4.30  **Workshop Ends**

*For further information please contact* training.professionals@uk-sands.org